

CARING FOR YOUR PETS IN SPAIN – Poisonous foods

Below is a list of the most common food/drink that can be harmful to your pet. Most of us are aware that dogs should not eat chocolate but some of the other items may be a surprise to you.

Worthy of special mention is Xylitol.

Xylitol is a sugar substitute and may be found in many foods **NOT** labelled sugar free, for example it is often found in peanut butter (which is actually good for your dog if there is no Xylitol and of course if your animal does not have a nut allergy) so check labels on all human food items before giving to your pet.

- Alcohol!!!
- Bacon – high fat foods like bacon, ham, or meat trimmings can cause pancreatitis in dogs – also bacon has a high salt content!!
- Salt - can cause upset stomachs and, in extreme cases, can cause dogs to drink too much water, leading to bloating, which can be fatal.
- Avocado - contains persin in the leaves, seeds, bark, and fruit. Don't forget guacamole
- Chocolate – Theobromine is the problem ingredient which is toxic for pets and is especially high in dark and baking chocolate.
- Garlic & Onions – small amounts may be ok, but regular or large one-time consumption can actually destroy a dog's red blood cells, leading to anemia
- Dairy products – milk, cheese, and ice-cream- dogs do not have the enzyme to break down milk sugar, and many dogs are lactose intolerant
- Grapes & Raisins – can cause renal failure so best to avoid them
- Coffee
- Caffeine
- Citrus
- Coconut and Coconut Oil
- Grapes and Raisins
- Macadamia Nuts
- Xylitol – found in sugar-free sweets and chewing gum – and other sweet items